



WELCOMING ALL.

Embracing you.

It's a way of celebrating life at Arbor Glen that sets us apart. From independent living to each level of care offered on-site at The Health Center at Arbor Glen, we understand everyone has unique preferences and needs. That's why we've created an environment that considers each aspect of an individual's lifestyle, and combines it with exceptional skill, warmth and compassion.

THE DIFFERENCE IS IN OUR WHOLE-PERSON *Lifestyle.*

Arbor Glen is fully dedicated to the overall wellness of its residents and improving their quality of life through a holistic lifestyle. Our comprehensive approach to everyday living promotes optimal health and wellness by fostering ongoing opportunities for continued growth and physical, intellectual, social and spiritual enrichment. We incorporate these progressive principles and practices in all levels of care.



THE ARBOR GLEN ADVANTAGE

- Medical Director on staff
- Life-enrichment activities and programs
- In-house therapy services
- Private assisted living apartments
- Restaurant-style dining with chef-prepared cuisine
- Areas for outdoor fitness and walking
- Pet-friendly community
- Access to all campus events
- 24-hour campus security
- 28 acres of beautifully landscaped property
- Located less than one mile from Robert Wood Johnson University Hospital at Somerset
- Close proximity to specialty medical complex

Experience QUALITY CARE for **YOURSELF**

Whether the need is for assisted living, memory care, short-term rehabilitation or long-term care, The Health Center offers a full spectrum of health services that is truly distinct as part of the overall life care plan at Arbor Glen.

Choose Continuation of Community.
Call us at **(908) 595-6600**.



Welcoming ALL. Embracing YOU.

(908) 595-6600

100 Monroe Street
Bridgewater, NJ 08807
ArborGlen.org

THE *Health* CENTER at **ARBOR GLEN**

A Continuation
OF COMMUNITY



Embracing EACH PERSON. ONE CHAPTER at a time.

INDEPENDENT LIVING

Our active, vibrant lifestyle is supported by an extensive menu of services and amenities.

- Spacious apartment homes and villas
- Flexible dining plan
- Weekly housekeeping and linens
- Utilities including premium cable, phone and Internet
- Planned programs and entertainment
- Local transportation
- 24-hour security
- Pet-friendly community
- Bistro and club room
- Beauty salon/barber shop
- Library with computers
- Fitness center
- Card and game room
- Quilting room
- Private movie screening room



ASSISTED LIVING

Finding the answer — together. When a loved one needs a little extra help, we're here to guide the way.

- Private apartments
- Licensed nurses on-site 24 hours a day
- Assistance with bathing, dressing and personal grooming
- Medication management and monitoring
- Restaurant-style dining with chef-prepared cuisine
- Private dining room available for special occasions
- Altered diets available
- Customized housekeeping and laundry service
- In-house therapy services
- Respite care
- Group and individualized activities
- Exercise classes led by licensed therapists
- Wellness programs to stimulate mind and body
- Calendar of cultural and social events
- Beauty salon with manicures and pedicures, and a massage therapist available by appointment
- Transportation to medical appointments



High-quality memory care at The Health Center helps your loved one experience more meaningful moments and more fulfilling days.

MEMORY CARE

Understanding the complexities of memory loss. Our devoted staff is highly trained in memory care, as well as whole-person care.

- Medication administration
- Assistance with activities of daily living
- Chef-prepared meals and snacks
- Altered diets available
- Personalized activities and group programs
- Pet therapy by certified therapy animals
- Restorative programs for mobility
- Serenity suite for multisensory experience
- Safe, secure environment
- Encouraged resident interaction
- Access to a full continuum of care

We take pride in the leadership and dedication of The Health Center's skilled nursing and rehabilitation team. Their thoughtful professionalism has resulted in the Centers for Medicare and Medicaid Services awarding The Health Center at Arbor Glen consistent top ratings for excellence in nursing care.

SKILLED NURSING & REHABILITATION

Compassionate care with dignity and grace. Our collaborative, inter-disciplinary approach puts the unique needs of our residents first.

- Subacute rehabilitation
- IV therapy
- Enteral feeding
- Post-surgery and post-stroke rehabilitation
- Orthopedic and joint replacement rehabilitation
- Pulmonary rehabilitation program with a full-time respiratory therapist on staff
- Wound care; certified wound nurse and wound physician
- Medical Director
- Infectious disease physician
- Restorative nursing program
- Podiatrist
- Physiatrist
- In-house therapy staff including physical, occupational and speech
- Therapy available seven days per week
- Beauty salon with manicures and pedicures, and a massage therapist available by appointment
- Group and individualized activities
- Full-time dietician on site
- Altered diets available
- Private suites with showers available

For information about Health Center admissions, please call **(908) 872-6297**.

For information about independent living, assisted living and memory care, please call **(908) 595-6600**.